

IF YOU COMPLAIN YOU REMAIN - IF YOU PRAISE YOU RAISE

One of the dangers of technology and living a comfortable lifestyle is that it has become possible to be so busy, structured and immersed in success that we achieve discontentment.

“All the days of the gloomy are made hard by anxious thoughts and expecting something undesirable to happen” combined Proverbs 15:15a NKJV, AMP, CJB, TLB

WHERE THE MIND GOES THE FEET FOLLOW!

Illness like anxiety, fear, panic attacks, fibromyalgia, depression, sleeplessness, intestinal, migraines, blood pressure, prescription drug abuse to name only a few can be attributed to psychosomatic (mind/soul) issues. If days... weeks...months... or years are spent on anxious thoughts it will make the heart gloomy!

BE CAREFUL WHAT YOU THINK AND SAY WHILE IN A TRIAL OR TRIBULATION!

Tormenting spirits cannot hang, remain or suck the life out of you if....love, joy peace, an even temper, kindness, goodness, faithfulness, gentleness & self-control become the foundation of your emotions and communication. Gal. 5:22-23 & Eccl 12:13 AMP

ATTITUDE DETERMINES ALTITUDE!

The attitude you have in trials determines how long you are going to stay there! If you complain you remain, if you praise you raise. Philippians 4:1-13

The fruit of the Spirit will adjust all inharmonious circumstances and conditions for every person regardless of the circumstances! Keep your mind on the right things and the devil can't fill your emotions with wrong ways of behaving!

“Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers.” 3 John 2

APPLICATION: We manage blessings they do not manage us! Summer is here is it vacation, staycation or Psycosomatication? If you complain you remain, if you praise you raise. Attitude determines your altitude. Where you mind goes your feet follow.



Blessings Pastor Bob Hill