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Never Enough?

Martha was distracted by all the preparations that had to be made. . . . Martha, Martha, the Lord answered, you are worried and upset about many things, but only one thing is needed. Luke 10:40-42

Many good-hearted people live with a never-enough cloud hanging over their heads. Though they willingly pour themselves out in acts of goodness for others, they never sense the smile of God or experience the nourishment of their own souls, because thirty seconds after completing one good deed they start beating themselves up for not doing more. They are unable to unhook themselves from the needs they see around them, and they have slid into a spiral of despair. They have become so consumed with the sadness of our sin-stained world that they have lost touch with the simple joys of being alive. I remember years ago a friend of mine said the only way he would keep or own a motorcycle is if he used it for ministry purposes. At the time I also owned a motorcycle and said I don't ride for ministry purposes, I ride for the fresh air, scenery and because the machine pleases me. When I return home from a ride I feel relaxed and refreshed. Being a witness for Christ is who I am on or off a bike.

The family of God is a huge family with many people to share the responsibility for doing good. When it is in your power to do good, do it! When it is not, then breathe a genuine prayer of concern and intercession and ask God to provide someone else to meet that need.

APPLICATION: Do you ever beat yourself up for not doing enough for God? Do you sometimes lose touch with the joyful side of life? Explore ways to find peace, quiet and recreational opportunities for refreshing your soul.

Blessings Pastor Bob Hill

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